

# EARLY CHILDHOOD PROGRAMS

## WINTER & SPRING



### Parent & Tot - ARTS

#### MUSIC FOR LIFE **P**

1-2yrs

Have fun with your child while they learn simple music concepts. Join us to sing, play instruments and move to the music! Play interactive games that explore beat, pitch, dynamics, as well as literacy and numeracy skills.

SAANICH COMMONWEALTH PLACE

Victoria Conservatory of Music

126977	F	Jan 17-Mar 21	9-9:30am	10/\$138
126978	F	Jan 17-Mar 21	9:35-10:05am	10/\$138
129368	F	Apr 4-Jun 13	9-9:30am	10/\$138
129371	F	Apr 4-Jun 13	9:35-10:05am	10/\$138

**P** = PARENT OR CAREGIVER PARTICIPATION REQUIRED

#### CHILDMINDING Up to 10yrs

#### SAANICH COMMONWEALTH PLACE

Tuesday	8:45-11:30am
Wednesday	8:45-11:30am
Thursday	8:45-11:30am

Ends on Dec 19  
Starts again Jan 7

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide offer quality childminding care in a safe, friendly and fun environment. We recommend 1 hour and up to 1.5 hours per visit. Not available on stat holidays

- Infants to 10 years
- Parents/guardians must be on the premises while your child receives care

For more information, please contact Ruth Smith, Preschool Programmer at [ruth.smith@saanich.ca](mailto:ruth.smith@saanich.ca)

#### Cost:

- \$6 hour/per child
- Third child and subsequent children of the same family are \$3/hour/per child
- 10 hour card: \$54
- 25 hour card: \$121.90

#### THE MUSIC CLASS **P**

Birth-4yrs

Unleash your child's musical potential! Join us for 10 weeks of singing, dancing, movement and instrument play. These mixed-age, fun-filled classes stimulate a lifelong understanding and enjoyment of music. New music and songbook download included for each session. Siblings under 9mths (at the first class) attend free, 9mths+ may register for \$120 with customer service.

SAANICH COMMONWEALTH PLACE

Jennifer Yuen

#### THE TIGER COLLECTION

126988	W	Jan 8-Mar 12	9:15-10am	10/\$210
126989	W	Jan 8-Mar 12	10:15-11am	10/\$210
126990	W	Jan 8-Mar 12	11:15am-12pm	10/\$210

#### THE PONY COLLECTION

127335	W	Apr 2-Jun 4	9:15-10am	10/\$210
127337	W	Apr 2-Jun 4	10:15-11am	10/\$210
127338	W	Apr 2-Jun 4	11:15am-12pm	10/\$210

### Parent & Tot - GENERAL INTEREST

#### JUMPING JELLY BEANS

18mths-3yrs

This combo class starts with crafts, songs and group play for 45 minutes. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Parent/caregiver participation required.

SAANICH COMMONWEALTH PLACE

Joanne Van Dyk

126960	F	Jan 10-Feb 28	9:15-10:45am	8/\$87
127100	F	Jan 10-Feb 28	11am-12:30pm	8/\$87
127098	F	Mar 7-May 2	9:15-10:45am	7/\$77
127101	F	Mar 7-May 2	11am-12:30pm	7/\$77
127099	F	May 9-Jun 13	9:15-10:45am	6/\$66
127102	F	May 9-Jun 13	11am-12:30pm	6/\$66

## KINDERGYM DROP-IN **P** 1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

### SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

#### 1-3YRS

Tu Jan 7 - Jun 17 10:10-10:45am

Th Jan 9 - Jun 19 10:10-10:45am

#### 2-5YRS

Tu Jan 7 - Jun 17 9:15-10am

Th Jan 9 - Jun 19 9:15-10am

#### 5YRS AND UNDER (NO SWIM OPTION)

Su Jan 5 - Jun 1 9:15-10am

## Parent & Tot - **SPORTS**

### ACTIVE TOTS – FOUNDATIONS FOR SPORT **P**

#### 18mths-3.5 yrs

Join our hands-on coaching staff and support your child to develop their gross motor skills. Through games, songs, activity circuits and more, we'll focus on balance, core strength, hand-eye coordination and other movements that are the building blocks required for multiple sports.

#### SAANICH COMMONWEALTH PLACE - GYMNASIUM

126951 W Jan 8-Mar 12 10:30-11am 10/\$75

128950 W Apr 2-Jun 4 10:30-11am 10/\$75

### SOCCER - ME AND MY PARENT **P** 2-3yrs

This fun, interactive program introduces the basics of soccer in a playful and engaging environment. Our sessions include fun games and exercises focusing on developing coordination, balance, and motor skills through soccer-related play. Our coaches create a supportive atmosphere where kids enjoy physical activity without pressure.

#### SAANICH COMMONWEALTH PLACE

##### Richardson Sport

#### INDOOR

126985 F Jan 10-Mar 14 10:30-11am 10/\$123

#### OUTDOOR

126998 F Apr 4-Jun 13 10:30-11am 10/\$123

## Early Childhood - **ARTS**

### PIANO FOR PRESCHOOLERS 3-5yrs

A creative class for parent and child. Children will learn to find notes and play a song by the end of the course. They will also be taught to read music, play by ear and compose their own songs. The materials fee is included in the cost.

#### SAANICH COMMONWEALTH PLACE

##### PJ Music Studio

130687 Sa Jan 18-Mar 15 9-9:30am 8/\$151

130688 Sa Jan 18-Mar 15 9:30-10am 8/\$151

130689 Su Jan 19-Mar 16 1-1:30pm 8/\$151

130690 Su Jan 19-Mar 16 1:30-2pm 8/\$151

130691 Sa Apr 5-Jun 7 9-9:30am 8/\$151

130692 Sa Apr 5-Jun 7 9:30-10am 8/\$151

130693 Su Apr 6-Jun 8 1-1:30pm 8/\$151

130694 Su Apr 6-Jun 8 1:30-2pm 8/\$151

### MUCKIN' AND MESSIN' **P** 18mths-3yrs

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Parent or caregiver participation required.

#### SAANICH COMMONWEALTH PLACE

##### Christine Lee

126976 W Jan 8-Feb 26 9:30-11am 8/\$87

127113 W Mar 5-Apr 30 9:30-11am 8/\$87

127115 W May 7-Jun 18 9:30-11am 7/\$77

##### Michelle Dyas

126975 Tu Jan 7-Feb 25 9:15-10:45am 8/\$87

127109 Tu Mar 4-Apr 29 9:15-10:45am 8/\$87

127110 Tu May 6-Jun 17 9:15-10:45am 7/\$77

### PLAYTIME COMBO **P** 18mths-3yrs

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations are all designed to spark your child's imagination. After snack and circle time, we move to the gym with ride-on toys and kindergym activities. Parent or caregiver participation required.

#### SAANICH COMMONWEALTH PLACE

##### Christine Lee

126981 M Jan 6-Feb 24 9:30-11am 7/\$77

127120 M Mar 3-Apr 28 9:30-11am 7/\$77

127121 M May 5-Jun 16 9:30-11am 6/\$66

## HOW TO REGISTER

**ONLINE** at [Saanich.ca/Recreation](http://Saanich.ca/Recreation)

**PHONE** 250-475-7600

**IN PERSON** at any of our

4 Recreation Centres



**P** = PARENT OR CAREGIVER PARTICIPATION REQUIRED

## Early Childhood - DANCE

### BALLET AND JAZZ 4-5yrs

Join us as we combine basic jazz dance technique and ballet in this fun and entertaining class. The result is the poise and grace of ballet with the high energy of jazz dance! Children will learn a choreographed dance.

#### SAANICH COMMONWEALTH PLACE

##### Dansko Staff

126952	Sa	Jan 11-Mar 15	10:45-11:30am	10/\$92
127766	Sa	Apr 5-Jun 7	10:45-11:30am	9/\$83

### KINDER-DANCE 3-4yrs

The perfect class for the child who loves to move to music! Children enjoy a combination of creative movement, ballet and imagination. Led by patient, qualified and fun dance instructors.

#### SAANICH COMMONWEALTH PLACE

##### Dansko Staff

126966	Sa	Jan 11-Mar 15	10-10:45am	10/\$92
130717	Sa	Apr 5-Jun 7	10-10:45am	9/\$83

### LITTLE DANCERS 2-3yrs

Little ones will love this introduction to the wonderful world of movement and music. Perfect for first-time participants, parents remain in studio during class for extra encouragement.

#### DANSKO DANCE STUDIOS

##### Dansko Staff

127675	Tu	Jan 7-Mar 11	10:10-10:40am	10/\$76
127676	Th	Jan 9-Mar 13	10:25-10:55am	10/\$76
127679	Tu	Apr 1-Jun 3	10:10-10:40am	10/\$76
127680	Th	Apr 3-Jun 5	10:25-10:55am	10/\$76

### TAP, JAZZ AND BALLET COMBO 3-5yrs

Introduce your youngster to three popular dance styles. Children will learn the sounds and rhythms of tap dance, practice the basic positions, posture and alignment of ballet, and enjoy the lively energy of jazz dance.

#### DANSKO DANCE STUDIOS

##### Dansko Staff

127677	Tu	Jan 7-Mar 11	9:15-10am	10/\$92
127678	Tu	Jan 7-Mar 11	10:45-11:30am	10/\$92
131260	Sa	Jan 11-Mar 15	10-10:45am	10/\$92
127681	Tu	Apr 1-Jun 3	9:15-10am	10/\$92
127682	Tu	Apr 1-Jun 3	10:45-11:30am	10/\$92
131261	Sa	Apr 5-Jun 7	10-10:45am	9/\$83

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### TINY TUTUS AND TIGHTS 3-5yrs

In this fun and creative class, young dancers explore basic steps, build coordination and incorporate imagination and rhythm to their movements. A short dance will be taught.

#### SAANICH COMMONWEALTH PLACE

##### Dansko Staff

126991	Sa	Jan 11-Mar 15	9:15-10am	10/\$92
126992	Sa	Jan 11-Mar 15	12:15-1pm	10/\$92
127771	Sa	Apr 5-Jun 7	9:15-10am	9/\$83
127772	Sa	Apr 5-Jun 7	12:15-1pm	9/\$83

## Early Childhood - GENERAL INTEREST

### ABC'S & 123'S 3-5yrs

Is your preschooler showing an interest in learning to print letters and numbers? In this class, children learn to recognize the wonders of letters and numbers through fun, explorative, and creative play. Each class incorporates gym time for physical activity, keeping energetic preschoolers engaged. Preschool class experience is required.

#### SAANICH COMMONWEALTH PLACE

##### Michelle Dyas

126994	M	Jan 6-Feb 24	9:15-11:15am	7/\$103
127091	M	Mar 3-Apr 28	9:15-11:15am	7/\$103
127092	M	May 5-Jun 16	9:15-11:15am	6/\$89

### BACK TO NATURE 3-5yrs

The perfect program for children who love the outdoors, are captivated by animals, insects, and plants, and who delight in hands-on exploration! Learn about nature and our planet. Dress according to the weather as we will be outside the last half of the class in our Friendly Forest.

#### SAANICH COMMONWEALTH PLACE

##### Michelle Dyas

126995	Th	Mar 6-May 1	12:15-2:15pm	8/\$118
127093	Th	May 8-Jun 19	12:15-2:15pm	7/\$103

### FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey goey messy play, and more. We'll have gym time with our popular ride-on toys and climbing equipment, too.

#### SAANICH COMMONWEALTH PLACE

##### Michelle Dyas

126956	F	Jan 10-Feb 28	9:15-11:15am	8/\$118
127094	F	Mar 7-May 2	9:15-11:15am	7/\$103
127095	F	May 9-Jun 13	9:15-11:15am	6/\$89

**P** = PARENT OR CAREGIVER PARTICIPATION REQUIRED

### HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and-tell and circle time. Yoga, creative dance and gym time keep kids active, too!

#### SAANICH COMMONWEALTH PLACE

Janet Mulhall

126957 Tu Jan 7-Feb 25 9:20-11:20am 8/\$118

127096 Tu Mar 4-Apr 29 9:20-11:20am 8/\$118

127097 Tu May 6-Jun 17 9:20-11:20am 7/\$103

### K-TOTS 3-5yrs

This multicultural class blends Korean and English and is ideal for children who speak either language. Christine will use both languages in songs, stories, creative playtime, crafts, and circle time. It also includes gym time with ride-on toys and climbing apparatus. This is a great opportunity to prepare for kindergarten.

#### SAANICH COMMONWEALTH PLACE

Christine Lee

126980 Tu Jan 7-Feb 25 9:30-11:30am 8/\$118

127118 Tu Mar 4-Apr 29 9:30-11:30am 8/\$118

127119 Tu May 6-Jun 17 9:30-11:30am 7/\$103

### MAGIC OF SCIENCE 3-5yrs

Great for the child who loves to ask, "Why?" Why do objects sink or float? Who paints rainbows in the sky? Our staff will perform experiments while the kids discover the magic of science. This class is complete with circle time, songs, games, artwork and time in the gym.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

126996 Th Jan 9-Feb 27 11:45am-1:45pm 8/\$118

### MIX IT UP WITH MICHELLE 3-5yrs

In this small group class, young ones enjoy different activities including messy play, dinosaurs, painting, science projects, art and gym time. During lunch, Michelle engages the children and reads stories to help them become comfortable eating in a classroom environment.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

126973 W Jan 8-Feb 26 11:45am-1:45pm 8/\$118

127104 W Mar 5-Apr 30 11:45am-1:45pm 8/\$118

127106 W May 7-Jun 18 11:45am-1:45pm 7/\$103

### MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

#### SAANICH COMMONWEALTH PLACE

Janet Mulhall

126974 W Jan 8-Feb 26 9:15-11:15am 8/\$118

127107 W Mar 5-Apr 30 9:15-11:15am 8/\$118

127108 W May 7-Jun 18 9:15-11:15am 7/\$103

### RECIPE FOR SUCCESS 3-5yrs

Get ready for fun while you learn, create, and explore using quick and easy recipes. We will mix, measure, pour, and more. The best part? You eat what you create! This small group class also enjoys crafts, songs, and gym time with our popular ride-on toys and climbing equipment.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

126982 Tu Jan 14-Feb 25 10:30am-12:30pm 7/\$121

127126 Tu Mar 4-Apr 29 10:30am-12:30pm 8/\$138

127127 Tu May 6-Jun 17 10:30am-12:30pm 7/\$121

### SILLY SATURDAYS 3-5yrs

Preschoolers love this program's focus on music and creative play, and parents appreciate the time to run weekend errands or enjoy a workout. Kids will enjoy a wide variety of action songs, creative play, crafts and stories. We will also go on short walks for outdoor exploration.

#### SAANICH COMMONWEALTH PLACE

Dianne Holmes

126983 Sa Jan 11-Mar 15 9:30-11:30am 10/\$147

127128 Sa Apr 5-Jun 7 9:30-11:30am 9/\$133

### STEPPING UP TO PRESCHOOL 2.5-4yrs

This transitional program is the perfect stepping stone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then parents join the class for snacks and kindergym activities.

#### SAANICH COMMONWEALTH PLACE

Michelle Dyas

126986 W Jan 8-Feb 26 9:30-11:30am 8/\$118

127132 W Mar 5-Apr 30 9:30-11:30am 8/\$118

127133 W May 7-Jun 18 9:30-11:30am 7/\$103

Christine Lee

126987 Th Jan 9-Feb 27 9:30-11:30am 8/\$118

127134 Th Mar 6-May 1 9:30-11:30am 8/\$118

127135 Th May 8-Jun 19 9:30-11:30am 7/\$103

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## STEPPING UP TO KINDERGARTEN 3-5yrs

A program developed to help make the transition into full day Kindergarten an easy one. We will have fun through learning with experiments, practice listening skills and interactive group time at circle time, and being creative with crafts. Gym time will also add to the fun.

### SAANICH COMMONWEALTH PLACE

Michelle Dyas

126999	Th	Jan 9-Feb 27	9:20-11:20am	8/\$118
127130	Th	Mar 6-May 1	9:20-11:20am	8/\$118
127131	Th	May 8-Jun 19	9:20-11:20am	7/\$103

## Early Childhood - **SPORTS**

## ACTIVE PRESCHOOLERS – FOUNDATIONS FOR SPORT 3-5yrs

Through games, songs, activity circuits and more, we'll have your preschooler moving, playing and having fun! Our focus will be on balance, core strength, hand-eye coordination, and other gross motor movements which are the building blocks required for multiple sports.

### SAANICH COMMONWEALTH PLACE

126950	W	Jan 8-Mar 12	11-11:45am	10/\$105
128949	W	Apr 2-Jun 4	11-11:45am	10/\$105

## SOCCER - ME AND MY COACH 3-5yrs

Welcome, future soccer champions! Our dynamic class is designed to supercharge gross motor skills and boost physical literacy through engaging games and hands-on exercises. Our coaches prioritize fun over competition which cultivates a lifelong love for soccer.

### SAANICH COMMONWEALTH PLACE

Richardson Sport

#### INDOOR

126984	F	Jan 10-Mar 14	11-11:45am	10/\$145
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#### OUTDOOR

126997	F	Apr 4-Jun 13	11-11:45am	10/\$145
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## Full Year Outdoor Programs for Preschoolers 3-5YRS

Sept 2025 - June 2026

Registration starts Saturday, February 8 at 8am

Registration in person Only



## KIDDIE CAPERS FOREST CLASSROOM 3-5yrs

Join our 10 month play-based program in the Friendly Forest for children aged 3-5 a perfect place to help children learn and grow while developing a deep connection to the natural world. Led by Tammy Williams, who brings 15 years of Preschool experience and 5 years of specialization in Nature Preschool, your child will thrive in our intentionally designed outdoor classroom, where nature itself becomes both teacher and playground. Young children learn through play and exploration, so we prioritize child-led activities where educators provide gentle guidance to foster social skills and independence. Each day begins with circle time, featuring stories, songs, counting and letter work. Teacher-led activities focus on art, science, and games to develop fine and gross motor skills, complemented by field trips and nature walks to instill an appreciation for our environment. Children must register for at least two days a week and must be 3 years old by October 31, 2025. In-person registration only.

For More Information contact our Preschool Programmer [Ruth.smith@saanich.ca](mailto:Ruth.smith@saanich.ca)

132019	M	Sep 8-Jun 15	9am-1pm	\$122/mnth
<a href="#">Tammy Williams and Tiffany Kidder</a>				
132025	Tu	Sep 9-Jun 16	9am-1pm	\$122/mnth
<a href="#">Tammy Williams and Jo Van Dyk</a>				
132026	W	Sep 10-Jun 17	9am-1pm	\$122/mnth
<a href="#">Tammy Williams and Jo Van Dyk</a>				
132027	Th	Sep 11-Jun 18	9am-1pm	\$122/mnth
<a href="#">Tammy Williams and Jo Van Dyk</a>				
132028	Fri	Sep 12-Jun 12	9am-1pm	\$122/mnth
<a href="#">Christine Lee and Tiffany Kidder</a>				

#### REDUCED HOUR OPTION

132029	Tu	Sep 9-Jun 18	9-11:30am	\$77/mnth
<a href="#">Tammy Williams and Jo Van Dyk</a>				
132030	Th	Sep 11-Jun 11	9-11:30am	\$77/mnth
<a href="#">Tammy Williams and Jo Van Dyk</a>				